
HUBbub

Newsletter of Redbridge, Havering, & Barking & Dagenham LCC Groups

December 2005 – January 2006

Police on Bikes Support Sewa Ride

Just for a change, something wonderful happened!

On a bright October day, the fourth annual 'SEWA' Fun Ride set off after a Doctor Bike session in Valentines Park in Ilford, accompanied by not one, or two, but **three** police officers...on bikes.

PS David Somerville, PC Darren Hyde and PCS James Spooner, of the Safer Neighbourhoods Team from Clementswood Ward were a valuable and highly professional addition to the normal marshalling team, especially at busy junctions.

A colourful crowd of about 100 cyclists, equipped with bright orange tabards, set off on a six mile course which went through Seven Kings Park and Barking Park, stopped at a couple of Sikh Gurdwaras and temples for refreshments, and finished up at the Hindu Centre in Ilford for a slap-up vegetarian lunch. Many riders were very young, a few on tiny little bikes, but they all finished the course.

It was a privilege to participate in this Hindu Week of Giving, which includes sponsored activities, giving blood, donation of food to the homeless, and holding a Peace Walk.

We look forward to seeing more cycle mounted police around Redbridge - reaching the parts that others cannot!

Newham Lcc Group Relaunch

Watch *London Cyclist* for news of Newham LCC, relaunched in October. One thing certain to affect them is the Olympics, and members are already involved in the LCC Olympics Working Group.

Coming Soon...

New Traffic Lights at the Snakes Lane East/Chigwell Road junction (part of the Roding Valley Way scheme). This proposal has been out to public consultation and hopefully will be approved by Redbridge Area 2 committee before you read this. The new crossing will greatly enhance the **Roding Valley Way**.

Plans to signalise Charlie Brown's Roundabout next year will also improve the route and eliminate that tortuous trip past Tescos along Woodford Avenue.

Cycling Heroes

Ravi Bhanot and Bali Bhalla, 'Sewa' volunteers at the Ilford Hindu Centre, for getting so many kids on their bikes by organising the Fun Ride in Sewa Week.

Plans for the final section of the Roding Valley Way, which will link the Redbridge Roundabout with Romford Road, await landowner approval from the Corporation of London. Hopefully

the whole route will be finished next year.

Worried about Bike Theft?

Want to avoid being one of 80,000 victims of bike theft each year? Then look up the National Property Register: www.immobilise.com and register details of your bike's model, make and frame number for free. This will make things a lot easier for you if your bike should be stolen.

Sustrans Routes In London

The Thames Cycle Route (National Routes 1 and 13) will be improved and developed during 2005-6 thanks to funding from TfL and Thames Gateway. An artistic new footbridge and viewing platform has been installed near Woolwich Arsenal.

The Lee Valley route has been improved through Hackney with towpath widening and resurfacing, installation of seating, removal of barriers and better linkages.

Waltham Forest Bike Recycling Scheme

The Bike Recycling Centre at Low Hall Manor Business Centre, South Access Road, Leyton, recycles 20-30 bikes a month and sells them on to residents

Bike prices start from £40 for adults', £20 for childrens'

Bike Sale: 1st Saturday of the month, 1-3pm.

Public Drop-In Sessions: every other Saturday 1-3 pm

<http://www.redbridgelcc.org.uk/>

Tool Use £1 and help from professional bike mechanic
Volunteers day: every Friday, 10-4pm. Bring a lunch & learn about fixing bikes.

Details:

gina.harkell@walthamforest.gov.uk/
linda.webb@walthamforest.gov.uk/

Mike Walton Recycled Bikes
Mike Walton, 64 Hollywood Way,
Woodford Green IG8 9LQ
020 8523 4173 / 07730 289 145

For Sale

Crossroads 16" Lightweight Hybrid
£250
Specialized aluminium ideal commuting bike, red & black, suspension front forks, incl. Mudguards, barbag, computer. 5 yrs old, Cost £700 new. Serviced. Tel Susan (Wanstead) 020 8989 4195

Orbit 22" Tourer. £230
New wheels, Campag triple chain set, a quality machine in good condition. + Mixed Box £100
Pete Perfect Salisbury handmade all leather cycling shoes 7 1/2, double-sided clipless pedals, new boxed radius cantilevers
Tel: John (Park Road E12) 07732 671 497/ 0208 989 3552

Coming Up...

For a fuller list of rides and other events, check out
www.stibasa.org.uk.

December

Sunday 4th December
Sutton House Craft Fair Ride
Meet Leytonstone Station South Side 10.45am
Short ride to the oldest house in Hackney. Lunch at SH café or sandwiches. Over 30 stalls. Entry £2.00. Afternoon ride home.
Contact: Alan James 020 8989 4898
alan.j.james@btinternet.com

Saturday 10th December
Cycling Santas Ride
Meet at 16, Abbots Park Road, E10 6HX 12.00pm
After a festive lunch of turkey sandwiches, the annual 4-5 mile charity ride visits Walthamstow and

Wanstead. Appropriate dress please: you might win the Best Dressed Santa Competition. Raising money for the disabled children charity 'Whizkids'. Great fun.
Contact: Tony Fincham 020 8558 3801 tonyfincham@hotmail.com

January

Sunday 8th January
New Year Meal Ride
El Che Restaurante de Tapas, 567-569 High Road Leytonstone E11
£12 Sunday lunch (incl. Sangria & buffet)
Meet 10:30 a.m. Leytonstone Station for 2 hour ride
Non-riders meet 12:30 p.m. at restaurant
Booking essential
Contact: Alan 020 8989 4898
alan.j.james@btinternet.com

Friday 20th January
Redbridge Lcc Agm
7.00pm: Richard & May's house 32, Kings Avenue, Woodford Green IG8 0JA
Redbridge Cycling Officer to be invited. Bring a dish & a drink for the buffet. Cycle holiday pics from Kerala & Cuba.
Contact: Richard 020 8491 6306
twojollywheelers@hotmail.com

March

1st-15th March
Cycle Maintenance Workshops
Three-week course on Wednesday evenings 7-9 pm
The Garage at Wanstead House, 21 The Green E11
Learn about: Puncture repair, maintenance of brakes & gears
£15 .Booking essential.
Contact:Gill James 020 8989 4898
gilljames@btinternet.com

Critical Mass

<http://cmlondon.enrager.net/>
Massive ride leaving Waterloo Bridge at 6.00 to 6.30pm, last Friday of every month. You really should go at least once in your life and see the sights of central London in a group of hundreds of cyclists. It is a great experience. Richard Everett usually goes, leaving Walthamstow about 5:15 p.m, or contact Gregory Moffatt for information about the Newham contingent.

Contact: Richard 020 8491 6906
Gregory 020 8555 2102
N.B. If you intend to go on a ride, please contact the organiser first. Rides have been cancelled because no-one seemed to be interested, only for someone to turn up on the day. To avoid faux pas like this, pick up the phone, even if you're only curious about what the ride involves.

Contacts

Barking & Dagenham LCC
& Rides List Editor
Colin Newman
Home: (020) 8591 9225
Work: (020) 8489 2548
Mobile: (02) 07761 577255
email:colin_newman@bigfoot.com
<http://www.stibasa.org.uk>

London Borough of Barking & Dagenham Cycling Officer
Sonny Adegun
sonny.adegun@lbbd.gov.uk
Tel: (020) 8227 3167
Fax (020) 8227 3166

Havering LCC
Bernard Curtis
6 Blanchard Mews
Harold Wood
Essex
RM3 0GN
01708 347226
CurtisBernieS@aol.com

Redbridge LCC
Gill James
email: gilljames@btinternet.com
29 Clavering Road, E12 5EY
020 8989 4898

Rides Fixer
Alan James
29 Clavering Road, E12 5EY
020 8989 4898
alan.j.james@btinternet.com

Redbridge Borough Cycling Officer
Mr J Redman
Lynton House, 255-259 High Road, Ilford, Essex IG1 1NY
Phone: 020 8708 3677
Fax: 020 8708 3970
Email: jack.redman@redbridge.gov.uk

Hubbub
Chris Elliott
87 Wanstead Park Avenue,
Manor Park, E12 5EE
020 8989 6285
c.elliott@dsl.pipex.com

<http://www.redbridgelcc.org.uk/>

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