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# HUBbub

Newsletter of Redbridge, Havering, and Barking & Dagenham LCC Groups

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June – July 2009

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## Movers & Shakers

### Council Leader Hits Headlines Peer is Latest Recruit

Redbridge Council Leader Councillor Keith Prince showed keenness and aptitude at his first cycle training session and hit the headlines in the local paper. Latest to sign up are People's Peer Lord Victor Adebowale, Roger Evans (GLA Representative for Redbridge and Havering), and Richard Allen, Head of Business Planning at Barnardo's

Chair of the Cycle Liaison Group Councillor Gary Staight and Guardian journalist Hugh Muir, have already begun their training.

### Movers & Shakers Ride June 6<sup>th</sup> 12.30pm - 2.30pm

Movers and Shakers such as Lee Scott MP, the Mayor of Redbridge, and the future Redbridge Cabinet Members for Highways and Resources are all following Councillor Prince's example and flocking to take part in the 'Movers and Shakers Ride' at Redbridge Cycling Centre, Hainault, on Saturday June 6<sup>th</sup>, from 12.30pm - 2.30pm. Be there on June 6<sup>th</sup> to help make the event a success and to cheer them on. Bring family and friends and join in the celebration laps once they have had their moment of fame! You might even get to lunch with them! The project and

ride are being recorded for a DVD 'pour encourager les autres'.

### Redbridge LCC Monthly Group Meetings

Join Redbridge LCC on the third Tuesday in the month at Wanstead House, 21 The Green, E11, and enjoy cheap drinks and free chat in the bar afterwards!

No meeting in June -too busy. Next meeting Tuesday 21st July, 8pm. Speaker to be announced. Wanstead House, 21 The Green, E11 (near Wanstead tube). Drinks in the bar afterwards.

## Coming Up...

### Summer Rides & Events

Please check before you start to ensure there are no major changes. Look up [www.redbridge.gov.uk](http://www.redbridge.gov.uk) for last-minute updates.

We welcome any suggestions of rides and events and particularly offers to lead or organise them. More short children's and beginners' rides wanted!

Regular emails with updates of 'Coming Up' event listings go out to those on the mailing list.

**If you want to join the email list please contact:**  
[gilljames@btinternet.com](mailto:gilljames@btinternet.com)

## JUNE

**Saturday 6<sup>th</sup> June**  
**Redbridge Movers & Shakers Ride**  
Summer Youth Series races in the morning. Ride starts 12.30pm. Event finishes 2.30pm  
Redbridge Cycling Centre, Forest Road, Hainault.  
Come and encourage the riders: they make decisions on your behalf and act

as role models. Bring your bike and join in after the first lap. Lunch with a peer of the realm, your MP and your Council Leader.

Offers of help with meeting and greeting and catering to Gill:  
020 8989 4898  
[gilljames@btinternet.com](mailto:gilljames@btinternet.com)

### BIKE WEEK 13TH - 21ST JUNE

#### Saturday 13<sup>th</sup> June

#### **Epping Forest Family Ride**

Starts 11am

Queen Elizabeth Hunting Lodge, Chingford.

Forest Ranger Ian Greer will be leading rides in the Forest. You are advised to bring helmets, water, and refreshments.

#### Saturday 13<sup>th</sup> June

#### **Redbridge Road Safety Event**

Cycle Circuit at Barkingside Recreation Ground

#### Sunday 14<sup>th</sup> June

#### **Redbridge Bikeathon & Fun Day**

Starts 11am.

Melbourne Field, Valentines Park, Ilford.

Childrens' sponsored event for Leukaemia Research. Help needed with Redbridge LCC cycle circuit, stall & Dr Bike.

**Contact:** Gill 020 8989 4898

[gilljames@btinternet.com](mailto:gilljames@btinternet.com)

#### Saturday 20<sup>th</sup> June

#### **'New Newham' Ride**

All 'New Newham' Rides rides start at 10.30am from underneath the 2012 Countdown Clock outside Stratford Station. There will be six in 2009 from April until August. These leisurely 18 mile rides with a café stop are almost entirely off-road along paths suitable for all types of bikes. Places of

interest include the Greenway, the Olympic Stadium, Three Mills, Royal Docks, Excel 2012 Venue, and the Thames Barrier Park.  
Details from Bernard McDonnell:  
0794 723 6965  
Adavil@ntlworld.com

### Sunday 28<sup>th</sup> June

#### **Essex Century Ride**

Starts 7.00am from the Eagle, Snaresbrook. One hundred miles round Essex. £10.00 to ride, in aid of NSPCC. Finish with supper at the Eagle.

**Contact:** Alan James 020 8989 4898  
alan.j.james@btinternet.com

## JULY

### **Cycle Maintenance Workshops**

Wednesdays: 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup> & 22<sup>nd</sup> July.  
The next series of 4 Wanstead House workshops with Jim Dalton are a snip at £30.

Please sign up with Terry Hughes if interested:  
terence.hughes@btinternet.com  
07795 981 529

### Sunday 5<sup>th</sup> July

#### **Epping Forest Ride**

Starts 11am.

Queen Elizabeth Hunting Lodge, Chingford

For competent riders. Forest Ranger Ian Greer will be leading rides in the Forest. You are advised to bring helmets, water and refreshments.

### Saturday 11<sup>th</sup> July

#### **New Newham Ride**

Details as for 20th June.

### Saturday 18<sup>th</sup> July

#### **Tarzy Wood Fun Day.**

Starts 11am.

Wanstead High Street, E11.

Redbridge LCC stall. Helpers needed.

### Sunday 19<sup>th</sup> July

#### **Redbridge Biodiversity Ride**

10am start

Meet: Manor Park Railway Station  
Join Redbridge nature Conservation Officer Francis Castro for a ride round the borough's green spaces such as Hainault Forest Country Park, Fairlop and Claybury. Max 18 miles. Bring packed lunch. Some busy roads so competent cyclists only.

Contact 020 8501 1426

[nature.conservation@redbridge.gov.uk](mailto:nature.conservation@redbridge.gov.uk)

### Tuesday 21<sup>st</sup> July

#### **Redbridge LCC Group Meeting**

Starts 8pm

Wanstead House, 21 The Green, Wanstead E11 (near Wanstead tube)

Speaker to be announced.

Drinks in the bar afterwards

### Sunday 19<sup>th</sup> July

#### **Leukaemia Research London**

#### **Bikeathon**

See details: [www.londonbikeathon.co.uk](http://www.londonbikeathon.co.uk)

### Sunday 26<sup>th</sup> July

#### **Redbridge Sports and Arts event**

Valentines Park, Ilford

## Autumn Diary Dates

### Weekend 11/12/13 September

#### **Essex Churches Weekend at Saffron Walden Youth Hostel**

### Weekend 9/10/11 October

Stay at Douai Abbey, Berkshire.

#### **Register interest now:**

Gill 020 8989 4898

[gilljames@btinternet.com](mailto:gilljames@btinternet.com)

## Cycle Maintenance Workshops

### **Wednesdays: 29th April, 6th, 13th & 20th May**

The next series of 4 Wanstead House workshops with Jim Dalton are a snip at £30.

Please sign up with Terry Hughes if interested:

[terence.hughes@btinternet.com](mailto:terence.hughes@btinternet.com)  
07795 981 529

**NB** If we don't have sufficient bookings the course will be postponed until June.

## Critical Mass

<http://cmlondon.enrager.net/>

Massive ride leaving Waterloo Bridge at 6.00 to 6.30pm on the last Friday of every month. You really should go at least once in your life and see the sights of central London in a group of hundreds of cyclists. It is a great experience. Richard Everett usually goes, leaving Walthamstow about 5:15 p.m.

**Contact:** Richard 020 8491 6306

## Contacts

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### Hubbub

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