
HUBbub

Newsletter of Redbridge, Havering, & Barking & Dagenham LCC Groups

April – May 2004

Could Do Better: Cycling In Redbridge

Report By The English
Regions Cycling
Development Team (ERC DT)

This report, made for the National Cycling Strategy Board in November 2003, gives a fair current snapshot of all borough cycling strategies. Disappointingly, figures in it show cycling to work in Redbridge had fallen from 1.2% to 0.91% between 1991 and 2001, but it is likely to have risen since then.

The plus points for Redbridge:

- serious commitment at senior levels
- a good standard of current works (well done, our Cycling Officer)

12 recommendations for improvement include:

- Carrying out a cycle awareness programme amongst councillors and senior officers
- Allocating more staff and other revenue resources to cycling as well as other 'soft measures'
- Raising awareness of cycle planning and design amongst planning and engineering staff, including any consultants used, by means of professional training
- Carrying out cycle audits on all traffic management schemes (including maintenance) and following recommendations to ensure cycle-positive measures are included
- Setting targets and developing a meaningful monitoring regime to test

progress against those targets

Redbridge LCC Website for September?

Redbridge LCC is applying for a Community Sustainability Award (CSA) to fund the construction of a website and pay for a good-sized advert in the Redbridge Environment Guide to advertise it. (The REG, due out in September, will be distributed to 99,000 households).

The website will provide wide access to information about local cycling facilities, such as routes, cycle parking, rides and events, maintenance workshops, bike buddies, cycle liaison group reports, links to other sites, a photo gallery, and 'Hubbub' of course!

The next group meeting on Tuesday April 6th (8pm at Wanstead House) will be devoted to both website content and the wording of the advert.

Volunteers will be needed to keep the website up to date: All offers gratefully received.

Super Sikh Cycle Ride

You don't need to be Sikh to cycle round the gurdwaras of East London on Sunday May 2nd. Older children and families welcome, and marshals needed. Meet at Seven Kings Gurdwara (near Homebase in the High Road) at 9am.

Dr Bike - Lots of bikes will be needing their tyres blown up and their brakes adjusted at the Dr Bike on the Saturday evening beforehand (May 1st, 6-8pm) so if you can help, please come along, and contact Gill

James (8989 4898). Vegetarian food afterwards.

Adult Cycle Training

'I'd like to cycle, but I'm too nervous and need someone to take me out and give me confidence'

Adult cycle training to address this need should be laid on by Redbridge soon. Do you know of someone who needs cycle training? Contact details to Gill.

Olympic Threat To Eastway Cycle Circuit

Although the London Olympic Bid is welcome, particularly the proposed Velodrome and BMX track, there are concerns about plans to take over a large chunk of land to the east of the present Lea Valley Cycle Circuit to build the Olympic Village. This land is needed to make off-road racing at Eastway viable.

Nancy Powell

Those who knew her will be saddened to hear of the death recently of Nancy, wife of John Powell, our most senior member. Our sympathies are with John at this time. Donations in Nancy's memory can be made to the British Red Cross.

Lea Valley Weekend Success

Led by the intrepid Alan James, 28 cyclists, including two families and a couple of newcomers to the group, cycled up the path beside the Lea in dry but cold February weather to the brand new hostel near Cheshunt (Lea Valley Village). The four beautiful and comfortable lodges are warmed by geothermal heating, the

facilities are excellent and the extremely plentiful and substantial cafeteria food was consumed enthusiastically by hungry cyclists. The more energetic went off for a 35 mile morning ride round the Hertfordshire lanes whilst the rest visited the bird-hides around Fishers Green. Bitterns were (allegedly) spotted and other tracks noted - and all within 15 miles of home.

Two more good -value Youth Hostel trips are planned for May - see details in 'Coming Up'

Coming Up...

For a fuller list of rides and other events, check out www.stibasa.org.uk/.

April

Tuesday April 6th

Redbridge LCC Group Meeting

Setting Up a Group Website

Wanstead House, 21 The Green E11, 8pm

Good Friday 9 April – Easter

Monday 12 April 2004

YHA Trip

Geoffrey Whittington is leading a small group riding and hostelling in Scotland.

Contact: Geoffrey Whittington 8521 2683

Geoffrey@wfcyclists.freemove.co.uk

Wednesday April 28th

Cycle Maintenance Workshops

Week one of four (also 5th, 12th & 19th May)

In the garage at Wanstead House, 7-9pm, 4-week course, £12.

Book in advance.

Contact: Gill 020 8989 4898

May

Fri 1st - Bank Holiday Mon 3rd

May Woody's Top Youth Hostel

Trip to this small, very peaceful self-catering hostel in the Lincolnshire Wolds. Self-catering with two shared meals. Two short rides on Saturday

and Monday and one longer one on Sunday. Lincoln Station 25 miles. Cost £18.60

Contact: Hilary 020 8530 4205

Sunday May 2nd

Sikh Charity Cycle Ride

10 easy-paced miles around the gurdwaras of east London, some on busy roads. A great atmosphere. Start: 9am, Seven Kings Gurdwara, next to Homebase, Seven Kings High Road. Riders and marshals needed.

Dr Bike beforehand on Saturday 1st May, 6-8pm, at Seven Kings Gurdwara.

Contact: Gill 8590 0329 or Arvinder : <mailto:aspaul13@yahoo.co.uk>

Sunday 16 – Saturday 22 May 2004 Witten/Beauvais/B&D joint cycling holiday

Please note slight change to dates

Contact:

Mary.Golletz@lbbd.gov.uk 020 8336 5850

Saturday 22 May 2004

LCC stall at Valence House Fête 10am – 3pm:

Volunteers needed to take part in a Conservation Day with Craft Demonstrations and a plant sale, by staffing an LCC stall.

Contact: Colin Newman 8591 9225

Sat 29th – Mon 31st May

North Norfolk Youth Hostel trip

Whit Bank Holiday weekend based at Sheringham Youth Hostel. A day and a half cycling, quiet B5 mile ride on Sunday on country lanes. Cost inc. Breakfast and evening meal £41.20. Sheringham or Norwich Station 25 miles.

Contact Michael: 8530 5215 betts.valencic@virgin.net

Critical Mass

<http://cmlondon.enrager.net/>

Massive ride leaving Waterloo Bridge at 6.00 to 6.30pm, last Friday of every month. You really should go at least once in your life and see the sites of central London in a group of 100s of cyclists. It is a great experience. Richard Everett usually

goes, leaving Walthamstow about 5:15 p.m, or contact Gregory Moffatt for information about the Newham contingent.

Contact: Richard 020 8491 6906

Gregory 020 8555 2102

N.B. If you intend to go on a ride, please contact the organiser first. Rides have been cancelled because no-one seemed to be interested, only for someone to turn up on the day. To avoid faux pas like this, pick up the phone, even if you're only curious about what the ride involves.

Contacts

Barking & Dagenham LCC & Rides List Editor

Colin Newman

Home: (020) 8591 9225

Work: (020) 8489 2548

Mobile: (02) 07761 577255

email: colin_newman@bigfoot.com

<http://www.stibasa.org.uk>

London Borough of Barking & Dagenham Cycling Officer

Sonny Adegun

sonny.adegun@lbbd.gov.uk

Tel: (020) 8227 3167

Fax (020) 8227 3166

Havering LCC

Bernard Curtis

6 Blanchard Mews

Harold Wood

Essex

RM3 0GN

01708 347226

CurtisBernieS@aol.com

Redbridge LCC

Gill James

email: gilljames@btinternet.com

29 Clavering Road, E12 5EY

020 8989 4898

Rides Fixer

Alan James

29 Clavering Road, E12 5EY

020 8989 4898

alan.j.james@btinternet.com

Redbridge Borough Cycling Officer

Mr J Redman

Lynton House, 255-259 High Road,

Ilford, Essex IG1 1NY

Phone: 020 8708 3677

Fax: 020 8708 3970
Email: jack.redman@redbridge.gov.uk

Hubbub

Chris Elliott

87 Wanstead Park Avenue,

Manor Park, E12 5EE

020 8989 6285

c.elliott@dsl.pipex.com

Copy Date for next issue:

14/5/2004