
HUBbub

Newsletter of Redbridge, Havering, & Barking & Dagenham LCC Groups

August – September 2004

Website Launch

www.redbridgeLCC.org.uk should be up and running by the time you read this! Well done IT guru David Lane. Members' comments and help with updates are welcome.

Inaugural LCC Advert

Another first!

When the leaflet 'Redbridge Environmental Guide for Residents' plops onto the doormat, don't throw it in the bin - look for our superb advertisement for LCC with a fetching photo of Redbridge member Nick Ketley and family.

June/July Events Round-Up

The Hollow Ponds Picnic Ride, our flagship 'Bike Week' event, was a resounding success with around 50 adults and children taking part with fantastic food organised by Sandy & Bally. There is great demand for short family rides like this, so let's have your ideas for others.

Funds raised at the Community Day at St Bonaventures School, Forest Gate raised money for a bike for a health worker in Uganda. Four Redbridge LCC Dr Bikes worked on bikes in return for donations and Stuart and Denise Grierson had the kids training hard on exercise bikes.

The Century Ride, 100 miles round Essex lanes, was enjoyed by an exclusive peloton of our fitter riders. Aably led by Alan James, they were sustained by a series of agreeable stops for food and drink at various establishments.

Redbridge Area 5 Success - Again

LCC members David Willingham and Chris Elliott spoke at the June Area 5 meeting where the Committee decided unanimously to proceed with their original plans to install traffic lights at the High Road Seven Kings/New Road junction, plans which retain cycle lanes in both directions, despite strong objections from TfL and other agencies who predict huge traffic queues.

Marsh Lane Footbridge Saved

Plans to demolish this useful bridge at Leyton have been averted, thanks to a great campaign organised by Waltham Forest LCC member Adrian Frost and supported by Redbridge LCC.

Redbridge 'Travelwise' Week

15 - 26 September

This campaign aims to get every school in Areas 1 & 6 to take part in the Travel Plan process, and to educate primary school children in those areas about road safety. Every state school in Area 1 (plus Our Lady of Lourdes) and Area 6 will take part in 'Walking Wednesday' when the pupils don't wear uniform, travel to school by sustainable means, and donate £1 to their school travel plan. So far every state school in Area 1 is involved in the Travel Plan process and will be eligible for grants. A Road Safety Theatre Group will be performing at assemblies in 10 schools. Well done Travel Plan Co-ordinator Scott Wilding.

'SEWA' Ride - Sunday September 5th

This short morning ride around some of the many and varied churches and temples of East London forms part of a week of community service by the youth of the local Hindu community under the banner of Sewa International. Riders and Dr Bikes of all faiths welcome. (See 'Coming Up' for details)

Redbridge Adult Cycle Training

Do you want free lessons on how to cycle with confidence ?

If you are over 14, and live, work, or study in the Borough, you are entitled to 2 hours free training.

Experienced cyclists required as freelance cycle trainers.

Contact: Cycletraining 020 7582 3535

www.cycletraining.org.uk or Redbridge Road Safety: 020 8708 3633

jane.arthur@redbridge.gov.uk

Essex Churches Ride Saturday September 11th

For her 20th ride in support of Historic Essex Churches, Redbridge LCC member June Cocksedge aims to raise £1000 in 2004. Last year she raised £500, the most any single rider raised in Redbridge - not bad for age 75! This year's ride will be around the churches of Wanstead in the morning and the churches of the Theydon/Navestock area in the afternoon. Why not support June on all or part of this ride and pay her £10 towards her goal? (See 'Coming Up' for details)

Wanstead Festival

Sunday September 19th

Sadly, no road closure this year, but a great festival on Christ Church Green instead with a bandstand, church bell ringing and continental market; and festival-goers are requested to leave their cars at home. Help wanted with the Children's Cycle Circuit and Dr Bike. The LCC stall will sell new and used cycle tools and kit provided by the Waltham Forest Recycling Scheme.

Redbridge Cycle Maintenance Workshops

These useful 4-week courses at Wanstead House recommence in September - book your place now (see 'Coming Up' for details.)

Local LCC Email List

Not already on our group e-mail list for 'Hubbub' and all those vital 'What's On' notices between mailings? Then you should be! **Email:** gilljames@btinternet.com now.

Bike Bits Sale:

Pendle 4-Bike car rack with tow bar fitting. Each bike sits in its own cradle-all fittings included. £125 o.n.o.
Thule roof-rack for cars with rain gutters. Good condition. £15 o.n.o.
Roof rack suitable for 2 racing bikes for cars with rain gutters. £10 o.n.o.
Stan Adelman 020 8989 3085 (Wanstead)

Coming Up...

For a fuller list of rides and other events, check out

www.stibasa.org.uk.

September

Sunday 5th September

'SEWA' Week ride

A short 5-10 mile morning ride round the churches and temples of East London. Suit families. Some

busy roads. Marshals and Dr Bike needed.

Meet 11.00am, Hindu Centre, Cleveland Road, Ilford (to be confirmed)

Contact: Sandy 020 8220 1803
sandy_h99@yahoo.com

Saturday 11th September

Essex Churches Ride

Help June to raise £1000 for our historic churches. Join in all or part of the 20-30 mile ride, see inside some wonderful buildings, in return for £10 sponsorship. Zone 2-6 travel card & picnic lunch required.

Meet 9.30 am, St Gabriels Church, Park Road, E12

Contact: June 020 8989 0626

Alan James 020 8989 4898
alan.j.james@btinternet.com

Wednesday 15th September

Cycle Maintenance Workshops

4-week course starts at Wanstead House, 21 The Green, E11. Cost £15. Booking essential. Course finishes 13th October.

Contact: Gill 020 8989 4898
gilljames@btinternet.com

Sunday 19th September

Wanstead Festival

11.00am-5.00pm: Continental Market, bands and fun on Christ Church Green E11. Children's Cycle Circuit, Dr Bike, sale of Waltham Forest Recycling Scheme tools and bike bits.

Contact: Gill 020 8989 4898

Critical Mass

<http://cmlondon.enrager.net/>

Massive ride leaving Waterloo Bridge at 6.00 to 6.30pm, last Friday of every month. You really should go at least once in your life and see the sites of central London in a group of 100s of cyclists. It is a great experience. Richard Everett usually goes, leaving Walthamstow about 5:15 p.m, or contact Gregory Moffatt for information about the Newham contingent.

Contact: Richard 020 8491 6906
Gregory 020 8555 2102

N.B. If you intend to go on a ride, please contact the organiser first. Rides have been cancelled because no-one seemed to be interested, only for someone to turn up on the day. To avoid faux pas like this, pick up the phone, even if you're only curious about what the ride involves.

Contacts

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