
HUBbub

Newsletter of Redbridge, Havering, & Barking & Dagenham LCC Groups

April – May 2005

Six Family Rides

Redbridge Summer Programme April - September

The Hollow Ponds Family Picnic Ride in Bike Week 2004 was Redbridge LCC's most popular ride ever with about 50 participants, largely families with young children. The vital ingredients were a short ride, safe routes, time for play, and a refreshment stop. It is the inspiration for a series of 6 monthly summer rides this year which will all start at the same place and same time. Pickup points (e.g. Aldersbrook) can be arranged.

Starting point: Wanstead Station

Start time: 2pm

Dates: Sunday April 3rd, May 1st, June 12th (Bike Week), July 3rd, August 7th, September 4th.

Three possible routes:

- 1.) Hollow Ponds, Leytonstone with café/picnic stop: about 3 miles.
- 2) Roding Valley Way: about 8 miles if you add on Claybury Park.
- 3) Wanstead Park, Flats and Cemetery, with Gatehouse Café stop: about 5 miles. (The City of London Cemetery encourages cycling!)

Redbridge LCC Group Meeting

Tuesday 12th April 8pm
Wanstead House, 21 The Green, E11

A planning meeting plus a Lapsed and Current Members Ring-Around. Bring your phone! Membership details and contacts need to be refreshed regularly and the best way is personal contact. Don't forget there is a great bar at Wanstead House.

M11 London to Cambridge Route Management Strategy

Public Consultation is going on until April on how to 'reduce congestion' and 'improve journey reliability' on the whole route. Redbridge Roundabout and the M11/A406 junction will be affected, and this has implications for the whole of the Roding Valley. Look up www.highways.gov.uk/m11rms or get a leaflet at the library - and submit your comments!

Everest Honoured

Indefatigable Redbridge LCC member **Leslie Everest** was honoured with an award at the Annual British Cycling Federation dinner in January for her volunteer work for cycling. Leslie has encouraged many youngsters into cycling and thoroughly deserves this pat on the back.

Redbridge LCC AGM

For a copy of the full Minutes, contact Gill.

A wonderful curry buffet was enjoyed and the following officers reinstated:

Joint Co-ordinators:

Gill James & Chris Elliott

Treasurer & Webmaster:

David Lane

Ride Organisers:

Richard Everett & Alan James

Dr Bikes:

Chris Rigby and John Lewis

Workshop Managers:

Gill James & Leslie Everest

LCC Borough Group Forum

Rep:

Richard Everett

Campaigns:

David Willingham

Redbridge Cycle Liaison Group reps:

John Lewis, David Lane
Gill James, Chris Elliott,
Nick Jones, Richard Everett,
David Willingham

Redbridge Cycling Officer Jack

Redman was welcomed and outlined Borough plans as follows:

- 1) Orders for 'Crisp' studies' made.
- 2) Green Man - Woodford LCN+ route now being implemented. Watch out for outline plans for signals at George Lane/High Road junction and plans for a cycle route to avoid the main road at Woodford Green via side roads, which will both be going for approval at Area 2 Committee. *Note: Studies showed that traffic calming devices such as flashing signs, islands and cycle lanes have reduced traffic speeds by 10%.*
- 3) Winston Way/Green Lane/Philpot Path LCN+ route is now in place - first section of cycle route on a dual carriageway in Redbridge.
- 4) Consultants to produce a Borough Study.
- 5) Cycle training for Adults to continue.

Jack emphasised that he welcomes **comments, criticisms and suggestions** from cyclists, so don't suffer in silence. You can contact him as:
jack.redman@redbridge.gov.uk

Redbridge Travel Plan Officer Scott Wilding was also welcomed, and outlined his work with schools to produce travel plans. He told us that secure cycle parking at secondary schools was very successful and the only hospital in Redbridge, King George's, now has covered cycle racks. Extra money is now available from TFL for cycle parking. More on-road children's school cycle training is needed to break the cycle of car-dependency.

February Winter Cuckoo Ride
A cold but dry 30 mile ride from Shenfield Station to the Cuckoo pub for lunch. After cycling back to Shenfield the cyclists were treated to a very fine tea *chez* Barrie and Ghislaine Spencer.

Local LCC Email List

Not already on our group e-mail list for 'Hubbub' and all those vital 'What's On' notices between mailings? Then you should be!
Email: gilljames@btinternet.com now.

Coming Up...

For a fuller list of rides and other events, check out

www.stibasa.org.uk.

April

Sunday 3rd April

Short Family Ride

Meet 2pm Wanstead Station. 8 easy off-road miles up Roding Valley Way to Claybury Park. Other meeting points can be arranged.

Contact: Alan 020 8989 4898

Sunday 10th April

Thames Path Ride

Meet Manor Park Station E12 for 25 medium-pace miles by the Thames to Greenwich for lunch. Return via

Thames Path & Woolwich Ferry.

Contact: Alan 020 8989 4898

Tuesday 12th April

Redbridge LCC Group Meeting

8pm at Wanstead House, 21 The Green, E11: planning meeting and members' contact. Afterwards in the bar.

Contact: Gill 020 8989 4898

Cycle Maintenance Workshops

Start Wed 27th April, then May 4, 11, 18: 7-9pm

Course of 4 workshops held on Wednesdays in the garage at Wanstead House, 21, The Green, E11, led by Chris Rigby and John Lewis.

Cost £15.

Booking essential. Limited to 10 places.

Contact: Gill James 020 8989 4898

May

Sunday 1st May

Short Family Ride

Meet 2pm Wanstead Station. 5 easy off-road miles round Wanstead Park and Flats to the City of London Cemetery, where family cyclists are welcomed on the 6 miles of empty tarmac roads meandering past old tombs and beautiful gardens. Finish off with tea in the Gatehouse Café. Aldersbrook cyclists can meet the ride outside the library in Park Road.

Contact: Nick 020 8518 8190

Sunday 1st May

Sikh Charity Bike Ride

Marshals needed for easy paced ride round the Gurdwaras (sikh temples) of East London.

Contact: Gill James 020 8989 4898

Sunday 29th May

Green Fair

Valentines Park, Ilford, 11am-4pm: Redbridge LCC stall and Dr Bike.

Helpers needed. This wonderful & wacky biennial event is unmissable.

Contact: Gill 020 8989 4898

Critical Mass

<http://cmlondon.enrager.net/>

Massive ride leaving Waterloo Bridge at 6.00 to 6.30pm, last Friday of every month. You really should go at least once in your life and see the sites of central London in a group of 100s of cyclists. It is a great experience. Richard Everett usually goes, leaving

Walthamstow about 5:15 p.m, or contact Gregory Moffatt for information about the Newham contingent.

Contact: Richard 020 8491 6906
Gregory 020 8555 2102

N.B. If you intend to go on a ride, please contact the organiser first. Rides have been cancelled because no-one seemed to be interested, only for someone to turn up on the day. To avoid faux pas like this, pick up the phone, even if you're only curious about what the ride involves.

Contacts

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Hubbub

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