
HUBbub

Newsletter of Redbridge, Havering, & Barking & Dagenham LCC Groups

June – July 2005

BIKE WEEK!

11th -18th June

Redbridge's New Borough Cycle Map will be launched in Bike Week.

Redbridge LCC's bright new colour flyer, printed courtesy of TFL's 'Good Going' promotion - designed by David Lane with assistance from Jeff Atkinson - will be available at Redbridge LCC events.

Hollow Ponds Family Picnic Ride on the afternoon of Sunday 12th June, Redbridge's flagship event - bring all the family on this very short ride - which you can extend *ad infinitum* round and round the Hollow Ponds! Lots of free goodies on offer to large and small cyclists.

Redbridge Cyclists' Tea At the Green Man on Tuesday 14th offering refreshments to passing cyclists on their way home from work. Why not come to the info stall and map handout and help Redbridge gain some new members? The event will be attended by the press so you might get your picture in the papers. The big incentive, however, is the offer of a free drink for helpers afterwards at a local hostelry.

The Redbridge Big Bikeathon on the morning of Sunday 12th June is raising

much-needed cash for Leukaemia research. The track is at Melbourne Field, Ilford. Under-11's can register on the website: www.bigbikeathon.co.uk. There is also a toddler's track and lots of stalls, food & fun.

Lots more local events listed under '**Coming Up**' or look at: www.bikeweek.org.uk

Redbridge Cycle Accidents Down in 2004

Something to celebrate: cycle accidents in Redbridge were down from 45 in 2003 to 38 in 2004. Five were serious, none fatal.

Cycle Training Success

Redbridge trained **260** novice cyclists via their free training scheme last year.

'To Do' List

Three things you can do to help Redbridge LCC get cycling on the map:

1) Volunteer as a cycling rep
The Mayor of London's target:

'Transport for London and the Boroughs are to achieve an increase of at least 80% in cycling in London between 2001 and 2011.'

Would **you** like to help us achieve this increase? Redbridge Council is looking for a committed person willing to give up some time to attend a few early evening meetings with the newly-formed Cycling Working Team of the Redbridge Environment and Highways Scrutiny Committee. This is a really positive step

forward for cyclists, working with interested and influential councillors, so if you can help out, please tell Gill.

2) Write a letter about Cycling in your Redbridge Park

The best way to make progress on making cycling legal in your local park is to write to your Area Committee. Area 5 Committee in particular wants to clean up 'Happy Valley' and Seven Kings Water. We would like to see a 'green chain' link between Seven Kings Park & and Fairlop Country Park, so why not express your support to Area 5 Committee?

3) Ask for School Cycle Parking

Six Redbridge schools and Redbridge College have requested cycle parking this year. All schools working on a travel plan are eligible for free cycle parking, so why not ask your kids' Head Teacher about a travel plan for your school?

Castle Hedingham YH Weekend Trip

Now booking for **September**. The Redbridge version of the Essex Churches Ride will this year start from Castle Hedingham Youth Hostel. 12 places are booked for the nights of Friday 9th and Saturday 10th September.

On Saturday we will accompany June Cocksedge on a ride of 20 - 30 miles to visit some beautiful churches in this area. There will be another non-church ride on Sunday. £32 covers 2 nights accommodation and £10 sponsorship of June.

Book your place with Gill before the end of June as the balance must be paid then.

Local LCC Email List

Not already on our group e-mail list for 'Hubbub' and all those vital 'What's On' notices between mailings? Then you should be!
Email: gilljames@btinternet.com now.

Coming Up...

For a fuller list of rides and other events, check out
www.stibasa.org.uk.

June

Saturday 11th June

Big Green Borough Day

in Barking & Dagenham Abbey Green, Barking, 10-5pm
A chance to see the fabulous 'Company of Cyclists'. Also Dr Bike etc

Contact: Colin Newman

Sunday 12th June

Redbridge Big Bikeathon

Melbourne Field, Ilford, 11-1 pm
Children get sponsored for Leukemia Research. Must register beforehand on www.bigbikeathon.co.uk

Sunday 12th June

Hollow Ponds Picnic Ride

Leave from Wanstead Station, 2pm
Short offroad afternoon family ride, with lots of free goodies and fun.
Bring games and a picnic.

Contact: Nic Ketley
nketley@doctors.org.uk

Tuesday 14th June

Green Man Cyclists Tea

Green Man Roundabout, 5.15 - 6.45pm
Info stall and leaflet handout, plus Press launch for Redbridge Cycle map. Free drink for helpers afterwards.

Contact: Gill James

Weds 15th June

Bike2Work Day and Cyclists' Breakfast at the Globe Theatre, Bankside

Why not Bike2work today? Consult a cycle buddy if you're nervous. Look up cycle buddies on website
www.redbridge.lcc.org.uk

Weds 15th June

Bygone Barking by Bike

Leave from Barking Station 7pm
Easy-going evening ride.
Contact: Colin Newman

Saturday 18th June

Gunpowder Mills Ride

Off-road ride with Waltham Forest LCC to Waltham Abbey. About 20 miles. Check start time and place.

Contact: Geoffrey Whittington
geoffrey@wfcyclists.freemove.co.uk

Sunday 26th June

Essex Century Ride

Leave from The Eagle, Hollybush Hill, Snaresbrook, 7am.
12 hours to do 100 miles round Essex.
For fit cyclists only.

Contact: Alan James 020 8989 4898

July

Sunday 3rd July

Short family Ride

Wanstead Station 2pm
Destination undecided

Contact: Nick Ketley
nketley@doctors.org.uk
or Gill James

Sunday 17th July

Roding Valley Nature Reserve Ride

Start Wanstead Station 11am
Mostly off-road ride up Roding Valley into Essex to visit Nature Reserve.

Suit families with older Children.
About 15 miles. Bring a picnic.
Contact: Gill James 020 8989 4898

September

Fri 9th & Sat 10th September

Castle Hedingham Youth Hostel Weekend

A new version of Redbridge LCC's Essex Churches Ride. Costs £32 for 2 nights and sponsorship. Book with Gill James *before end of June*.

Contact: Gill 020 8989 4898

Critical Mass

<http://cmlondon.enrager.net/>

Massive ride leaving Waterloo Bridge at 6.00 to 6.30pm, last Friday of every month. You really should go at least once in your life and see the sites of central London in a group of 100s of cyclists. It is a great experience. Richard Everett usually goes, leaving Walthamstow about 5:15 p.m, or

contact Gregory Moffatt for information about the Newham contingent.

Contact: Richard 020 8491 6906
Gregory 020 8555 2102

N.B. If you intend to go on a ride, please contact the organiser first. Rides have been cancelled because no-one seemed to be interested, only for someone to turn up on the day. To avoid faux pas like this, pick up the phone, even if you're only curious about what the ride involves.

Contacts

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Hubbub

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